



***FOR IMMEDIATE RELEASE***

## Texere Publishing Achieves Gold at Mind's Workplace Wellbeing Awards

**New York, US, June 23, 2022** – Texere Publishing has been recognized at an awards ceremony for its commitment to workplace wellbeing.

Texere Publishing was one of 119 organizations to take part in Mind's sixth annual Workplace Wellbeing Index, and was recognized with a Gold Award, meaning it has successfully embedded mental health into its policies and practices and demonstrated a long-term, in-depth commitment to staff mental health.

Mind's Workplace Wellbeing Index is a benchmark of best policy and practice, celebrating the good work employers are doing to promote and support positive mental health, and providing key recommendations on the specific areas where there is room to improve.

The online event, hosted by Mind’s Chief Executive Paul Farmer, took place on June 23, 2022 and saw people from a wide range of organizations come together to celebrate the awards.

Every employer depends on having healthy and productive employees – valued and supported staff are far more likely to perform better and achieve peak performance. Mental health problems are common among employees. Mind surveyed almost 42,000 employees across the 119 employers participating in the Index. The Index 2021-22 has seen a mix of returning organizations eager to assess the impact of their newly implemented wellbeing initiatives as well as first-time organizations starting their journey to improve employee wellbeing.

Texere places employees at the heart and is committed to ensuring the health and wellbeing of their team. They do this by focusing on five key pillars: physical health, mental health, financial health, social health, and lifestyle. The HR and Wellbeing Lead, along with our Wellbeing Champions, support and monitor employee health and remain committed to raising awareness on the importance of balancing these key areas.

Tara Higby, HR and Wellbeing Lead at Texere Publishing said: “We are thrilled to achieve gold at Mind’s Workplace Wellbeing awards, having already received bronze in 2020/2021. Our organization continues to successfully embed mental health into its policies and practices,

utilizing a variety of best practice approaches and demonstrating a long-term, in-depth commitment to staff mental health.”

Emma Mamo, Head of Workplace Wellbeing at Mind, said: “Over the last year, Covid-19 has continued to affect our lives and in particular the way we work, and it is reassuring that, in its sixth year, the Workplace Wellbeing Index continues to be the foremost benchmark of best policy and practice for supporting mental health at work. I’m pleased to see the number of organizations participating in the Index continue to increase annually with 41,927 staff from 119 organizations across the UK taking part this year. Change has continued to be one of the few constants across workplaces in recent times and whilst this provides the opportunity for improved ways of working, getting to grips with the ‘new normal’ can, at times, be difficult for employers and employees alike.”

**ENDS**

“The shift to remote working during the pandemic brought about significant challenges to many of us but for people who are neurodivergent this change could be particularly difficult to navigate. Evidence has also shown that Covid-19 has exacerbated the health and economic impacts for people from racialized communities and women in the UK<sup>[1]</sup><sup>[2]</sup> These additional stresses and an increased focus on diversity, equity and inclusion in the workplace more broadly has shone a light on the importance of topics such as intersectionality more than ever before. With all of this in mind, there is a growing need for employers to offer mental health and wellbeing support that considers the unique experiences and needs of each staff member.”

[1]<https://committees.parliament.uk/publications/4597/documents/46478/default/>

[2]<https://post.parliament.uk/impact-of-covid-19-on-different-ethnic-minority-groups/>

To register your interest in taking part in next year's Workplace Wellbeing Awards, please visit [mind.org.uk/index](http://mind.org.uk/index)

### **About Texere Publishing**

At Texere Publishing, we deliver compelling, behind the scenes stories that matter in the life sciences and medicine. Our unrivaled access to key opinion leaders, influencers, scientists, and doctors who are making a difference, allows us to connect our readers to the pulse of their fields. Founded in 2012, we have expanded our editorial beat around the world with a physical presence in the US, Canada, and the UK. Visionary. Innovative. Fearless. Join us on our journey to cover the stories that matter to you.

Publishers of The Analytical Scientist, The Cannabis Scientist, The Medicine Maker, The Ophthalmologist, The New Optometrist, The Pathologist, and The Translational Scientist.

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### **About Mind and its Workplace Wellbeing Awards:**

- We're Mind, the mental health charity. We provide advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding. We won't give up until everyone experiencing a mental health problem gets both support and respect.
- Mind has a confidential information and support line, Mind Infoline, available on 0300 123 3393 (lines open 9am - 6pm, Monday – Friday)
- Mind's Workplace Wellbeing programme aims to help people understand and start talking about the costs of neglecting mental wellbeing in the workplace.
- Mind offers free resources for employers to help improve mental wellbeing and employee engagement: [www.mind.org.uk/workmind.org.uk/work](http://www.mind.org.uk/workmind.org.uk/work)
- Mind's income has been affected by the outbreak of coronavirus, largely due to the temporary closure of our charity shops across England and Wales, and the cancellation or postponement of major fundraising events. To help us continue our vital work, donate to our emergency appeal: [www.mind.org.uk/donate](http://www.mind.org.uk/donate)
- Mind's Workplace Wellbeing Awards recognise and celebrate the good work employers are doing to promote staff mental wellbeing. Forward-thinking employers can get involved in next year's by visiting [www.mind.org.uk/index](http://www.mind.org.uk/index)

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